



**OLD COLONISTS'**

ASSOCIATION OF VICTORIA

*Living Communities*



Annual Report  
2015/16



**OUR  
VISION**

---

To be the benchmark provider of affordable, independent community living for elderly Victorians.



**OUR  
VALUES**

---

- Safety
- Dignity
- Openness
- Responsibility
- Continual improvement
- Affordability



**OUR  
MISSION**

---

The Old Colonists' Association of Victoria is a charity serving elderly Victorians needing affordable, safe and dignified independent community living, together with appropriate and practicable continuing care.



**OUR  
HISTORY**

---

The Association was founded in 1869 and has been providing accommodation and care to elderly Victorians ever since. Today we have four villages: Braeside Park (independent and assisted living), Currie Park (independent and assisted living), Leith Park (independent and aged care) and Rushall Park (independent and assisted living).

## CONTENTS

|  |    |                        |    |
|--|----|------------------------|----|
| From the President                         | 1  | Our research           | 12 |
| From the CEO                               | 2  | Thank you              | 14 |
| The Council                                | 3  | Our finances           | 15 |
| Highlights of the year                     | 4  | Every volunteer counts | 19 |
| Living across our spectrum of care         | 7  | How you can help       | 20 |
| Community spirit thriving at Braeside Park | 10 |                        |    |

**Cover photo:** For almost 100 years, Claire Toyne has loved learning. She has mastered the iPad, loves reading and is a keen user of the City of Yarra's home library service.

The economic and social wellbeing of this country is inextricably linked to a number of fundamental characteristics, not the least of which is access to affordable housing for all people, rich or poor, young or old.

The value of having safe and secure shelter is intrinsic to Australia's prosperity. Affordable housing in Australia is at a crisis point in metropolitan and regional areas. Governments and housing providers have to work together to find innovative solutions that build real communities that embrace people, irrespective of their financial means.

The Old Colonists' Association of Victoria (OCAV) has been caring for elderly Victorians in need for almost 150 years and remains committed to pursuing opportunities, in its own right and in partnership, to increase the quality and supply of affordable, communal housing for older people. We are moving closer to bringing existing site infill developments to fruition. Stage one of the redevelopment of the grey units at Leith Park has now received planning approval and we expect work to start in early 2017. Once completed, the development will provide 46 new independent living units for both singles and couples.

The construction of 35 new units at Rushall Park is delayed largely due to an objection lodged at VCAT. It is envisaged that this will be resolved before the end of 2016 with construction to begin in 2017.

While these projects will go some way to meeting housing and care needs of older people, it really is only the tip of the iceberg. The ageing population, coupled with the growing wealth gap in Australia will place greater strain on our ability, and that of other like organisations, to meet the accommodation and care needs of this growing cohort.

Policy makers must recognise and take real action to support at-risk individuals and the organisations that provide vital housing and care. OCAV stands ready to work with government to tackle these issues. They must also recognise that not all elderly people want or are able to stay in their homes, despite Federal Government policy. Communal living, like that offered by OCAV, is highly sought after as is attested by the length of our waiting lists.

My sincere thanks to my fellow Councillors who give freely of their time and who share a vision for the care and wellbeing of elderly Victorians. Thank you also to the OCAV staff for their hard work and commitment to the goals of the OCAV and to the residents for their contribution to the OCAV communities.

**Kevin Neville**  
President



“

Policy makers must recognise and take real action to support at-risk individuals and the organisations that provide vital housing and care. OCAV stands ready to work with government to tackle these issues.

”

## FROM THE CHIEF EXECUTIVE OFFICER

2016 has been an extremely exciting year as we progress OCAV's Vision 2020 and its three key platforms: industry leadership, assisting more Victorians, and creating a happy, vibrant place to live and work.



Volunteers form an integral part of the OCAV community on so many levels. They provide friendship and support to residents, both at group level and individually, and work with our staff as part of a team to deliver an array of social and physical activities. We are seeing some real impact on this front with total volunteer numbers growing by 25% in the past twelve months and we plan to grow this number to more than 200 by 2020.

We are acutely aware of the rising prevalence of dementia in our society. Projections suggest the total number of Australians with dementia will be 400,000 by 2020, growing to 900,000 by 2050. While there have been significant advances in treatment and talks of a cure, we must act to enable those suffering with this disease to remain independent for as long as possible.

Dementia friendly communities understand, respect and support people living with dementia, enabling them to feel confident and contribute to community life. OCAV has recently adopted the principles contained in the Dementia Guide for Australian Retirement Villages produced by Alzheimers Australia (NSW). Over the next three years we will roll out a plan to make our villages more dementia friendly. Initiatives will include: the development of an engagement program with residents, families, powers of attorney to ensure there is awareness and understanding of dementia and signs that may indicate its onset, a dementia education program for all staff working in independent and assisted living, provision of information sessions for residents, families and carers on dealing with dementia, ensuring mechanisms are in place to identify and manage 'at risk' dementia sufferers, effective monitoring systems for residents with dementia, and design protocols for existing accommodation and new construction which incorporate dementia friendly design principles.

This is an exciting initiative for OCAV, one that will improve our living environment and demonstrate OCAV's position as a leader in our industry.

OCAV has for quite some time remained relatively unknown in the retirement living sector. Last year saw the launch of our communications strategy aimed at lifting the profile of the Association through a range of mediums. A philanthropy strategy has also kicked off with early success including \$10,000 for an edible garden at Currie Park and \$17,000 for new specialty beds at Liscombe House. However, more needs to be done to meet our goal of affordably housing more older Victorians. We thank all donors, trusts and foundations for their ongoing support.

We look forward to another exciting year as we move closer to celebrating 150 years of caring for older Victorians in 2019. Thank you to our team for your ongoing care and support of all residents and your commitment to the values of OCAV.

**Phillip Wohlers**  
Chief Executive Officer

**PRESIDENT**

Kevin Neville

**VICE PRESIDENT**

Leslie Wood

**TREASURER**

Carl Maissan

**THE COUNCIL**

Kevin Neville

Leslie Wood

Carl Maissan

Martin Bede

Ray Harvey

Professor Robert Helme

Nicole Pelchen

Judy Sharp

Carl Wood

**NUMBER OF MEETINGS**

6 of 7

7 of 7

6 of 7

7 of 7

7 of 7

7 of 7

6 of 7

7 of 7

6 of 7

**AUDIT AND RISK COMMITTEE**

Carl Maissan

Kevin Neville

Ray Harvey

Martin Bede

**NUMBER OF MEETINGS**

5 of 5

5 of 5

4 of 5

3 of 4

**CARE COMMITTEE**

Professor Robert Helme

Leslie Wood

Judy Sharp

**NUMBER OF MEETINGS**

3 of 3

2 of 3

2 of 3

**GOVERNANCE COMMITTEE**

Leslie Wood

Martin Bede

Carl Wood

**NUMBER OF MEETINGS**

3 of 3

2 of 3

2 of 3

**SENIOR STAFF**

Phillip Wohlers, *Chief Executive Officer*

Tim Scott, *Chief Operating Officer*

Shaaron Robilliard, *Director of Nursing*

Dennis Ly, *Financial Controller*

Kim D'Angelis, *Volunteer Coordinator*

Karen Ernest, *Residents' Coordinator, Leith Park and Currie Park*

Roz Johnson, *Residents' Coordinator, Rushall Park and Braeside Park*

Damian Pennington, *Property Manager*



# HIGHLIGHTS OF THE YEAR

Last year the Council approved an ambitious master plan that sets out our vision for the future, building on the legacy left by our founders almost 150 years ago. OCAV is well underway with its Vision 2020 to assist more older Victorians with accommodation and support when they need it; to play a leading role in the aged care and retirement village sector; and to ensure each of its four villages is a happy and vibrant place to live and work.

## OUR RESIDENTS

The myth that older people are an economic burden on Australia is debunked every day in our four villages. In fact, our residents demonstrate that retirement is, on the whole, good for one's brain and physical health.

Over the past year, our residents have tirelessly volunteered their time for many different groups including Probus, Rotary and the Lions, and local churches. Over \$2,000 was raised for charities focusing on cancer research and treatment, hearing impaired children and Syrian refugees.

A major highlight during the year was the honouring of Currie Park resident Gillian Allen with the prestigious Rotary Paul Harris Fellow award, in recognition of her services in the community and to Rotary. Gillian retired at 70 and has since volunteered at Euroa's aged care service, working with dementia patients.

## OCAV GETS TICK FROM RESIDENTS

A survey across OCAV's four villages, conducted by MOA Benchmarking, revealed that residents' level of satisfaction exceeds the national benchmark. The survey covered more than 30 topics focusing on satisfaction with the OCAV villages, accommodation, activities, services and facilities, management processes and staff. The survey has shown what works and highlighted areas that residents would like addressed, including more space and improved décor.

## OUR OCCUPANCY RATES

Our waiting lists continue to grow in Rushall Park, Leith Park and Braeside Park, a clear demonstration that our continuum of care approach, coupled with accommodation and services is highly sought after. Currently our occupancy rate stands at 97%.

As part of our Vision 2020, we are looking at ways to develop a fifth village in Victoria to meet the growing demand for our person-centred care. Central to our success is the commitment of our professional staff, the quality of our villages and our unique financial model.



**450**  
residents



**97%**  
occupancy rate



**74**  
years old - average age  
of a person entering  
our villages



**82**  
years old - average  
resident age in our  
villages



**8**  
years - average length  
of stay in our villages



**68**  
residents in their  
nineties



**79%**  
of residents are women



**21%**  
of residents are men



**313**  
independent living  
homes



**37**  
assisted living homes



**81**  
aged care rooms

## STAFF

The relationship OCAV has with its staff is strong, as witnessed in the low turnover of staff and their strong commitment to our work. The average staff tenure is seven years. Last year we marked Des Nye's 30th anniversary of work with us at Liscombe House, and farewelled Neil Clayton after 40 years of service.

Our 150 staff are pivotal to our aim of assisting all of our residents to stay healthy, active and supported, when needed. They have led the way with new initiatives, such as assisting residents with signs of early dementia to stay at home, as well as extending wellbeing activities for Liscombe House aged care residents.

Over 2,000 training hours were delivered throughout the year, with all staff enrolled in Aged Care Solutions, an online program endorsed by the Australian Nursing and Midwifery Federation. The program included mandatory topics, such as managing falls and balances, medication management competency, elder abuse, fire security and other emergencies. Staff also attended sessions in Better Practice with the Australian Aged Care Quality Agency.

OCAV provided an extensive in-house education program on loss and grief, pain management for residents with dementia, new clinical practices, medications and how to handle difficult behaviours.

## OUR VOLUNTEERS

OCAV's 164 volunteers support our residents across all villages in many different ways. They maintain the libraries, support the men's group at Leith Park, facilitate current affairs discussions, and assist with computer help to ensure residents keep up to date with friends and family. Last year our volunteers contributed 6,444 hours, the equivalent of \$177,000 based on 2010 Volunteer Australia figures.

A special acknowledgement is due to the National Seniors of Greensborough Branch which provides constant support to Leith Park. This year their donation allowed us to organise a family fun day and also an egg hatching program over the June school holidays, connecting older and younger generations.

Highlights of the year included the introduction of pet therapy to Rushall Park, and the ongoing volunteer pet therapy program at Leith Park. Bringing pets into our villages has made a huge difference to the lives and wellbeing of our residents. Art therapy run by volunteers was successfully introduced into our dementia wing at Leith Park.

A special feature of our volunteer program last year was the growing involvement of our independent living residents volunteering within the OCAV community.



What was very clear was the sense of safety and security people feel in their unit and within their village with 100% of residents in all four villages agreeing and strongly agreeing that they feel safe. This was above the national benchmark.



- Phillip Wohlers, CEO

## **NEW PATRON FOR OCAV**

The first female Governor of Victoria, the Honourable Linda Dessau AM, agreed to be Patron of OCAV at the start of 2016. The Governor has a long history of championing social justice and standing up for people who are marginalised.

## **ADVOCACY**

Throughout the year, OCAV has been advocating on a range of issues affecting older Victorians. The Association was part of the election campaign run by Leading Ageing Services Australia which called for a dedicated Minister for Ageing. We also called for a review of the Aged Care Funding Instrument (ACFI) which recently suffered \$1.8billion in cuts to direct care services such as medication assistance, pain relieving treatments, and other care interventions being delivered to frail, older Australians with complex care needs. The campaign theme was 'Reverse the Cuts – Fund the Care Seniors Need and Deserve'.

OCAV also joined the Age-Friendly Victoria initiative, which is part of the Victorian Government's response to recognising that age-friendly communities encourage active ageing and boost good health, security and community participation for Victorian seniors. Among OCAV's success hallmarks is its promotion of the initiative with residents engaged in fundraising for the Association and charities, as well as volunteering in the broader community.

We welcomed the Federal Government's inquiry into elder abuse, which will report back in 2017. The inquiry will investigate the laws and frameworks in place to safeguard the elderly.

## **PHILANTHROPY**

OCAV developed a philanthropic strategy during the year aimed at enhancing services across our four villages. An immediate success was a \$10,000 award to establish an edible garden at Currie Park, Euroa, from John T Reid Charitable Trusts, and a \$17,000 grant for new speciality beds at Liscombe House from Aged Persons Welfare Foundation.

## **MARKETING**

OCAV's new corporate branding was introduced during the year with a roll out of signage at Braeside Park. A new website was launched in February 2016, followed by social media, e-newsletters and media coverage in local and senior outlets.

“

Throughout the year, OCAV has been advocating on a range of issues affecting older Victorians. We joined the Age-Friendly Victoria initiative, which is part of the Victorian Government's response to recognising that age-friendly communities encourage active ageing and boost good health, security and community participation for Victorian seniors.

”



For almost 150 years, OCAV has delivered a continuum of care for older Victorians with particular needs. Our mix of accommodation enables our residents to stay with us and move between our different services as and when they need them.

A highlight across all of our villages last year was the adoption of the recommendations within Alzheimer Australia's *Dementia in Retirement Villages* report. The aim is to support residents with dementia to stay in their independent or assisted living homes for as long as possible. All village layouts are being audited for safety, and policies and education for staff, residents and families are now being put in place.

Improving safety in and around our villages has also been a major feature, with lighting reviews completed at Leith and Rushall Parks, age-friendly switches and

appliances being introduced, and a computerised maintenance management system approved and currently being implemented.

Anzac Day ceremonies were held at each village, with OCAV acknowledging all returned service men and women. These include Avis Wadmore and Leslie Finlayson (Braeside Park); Leith Park residents Don Simpson, Maurie Schneider and John McCrohan; Kenelm Creighton, George Young and John Finlayson at Rushall Park; and Jim Legg at Currie Park.



North Fitzroy,  
**RUSHALL PARK**



Berwick,  
**BRAESIDE PARK**



St Helena,  
**LEITH PARK**



Euroa,  
**CURRIE PARK**

## INDEPENDENT LIVING



The last year has been active for our independent living residents across all four villages. Most residents are involved in the community in some way, as volunteers, carers for grandchildren or playing a keen role in the various committees within the villages. Our residents raised \$2,000 for charities and services and programs within OCAV.

Every village's Activities Committee has provided residents with a range of options. These include Leith Park's regular men's barbeques, chat 'n' chew at Braeside Park, Rushall Park's art show and Currie Park's popular annual bus trip.

Disappointingly, plans to build more one and two bedroom independent living units at Rushall Park were delayed with a VCAT hearing due in late 2016. Work has started on the redevelopment of 46 new one and two bedroom homes at Leith Park.

## INDEPENDENT LIVING



**333**  
residents



**273**  
are women



**70**  
are men



**Braeside Park, Berwick**  
32 women, 5 men

**Currie Park, Euroa**  
20 women, 8 men

**Leith Park, St Helena**  
98 women, 26 men

**Rushall Park,  
Fitzroy North**  
123 women, 31 men



**ASSISTED LIVING**



Last year new services were introduced to benefit our assisted living residents. These include visits from podiatrists, eye care and hearing specialists to each village.


The new community facility at Braeside Park, Berwick, has been a boon for assisted living residents, providing them with additional space to take part in activities such as armchair yoga, ball and board games.

**ASSISTED LIVING**

 **37**  
residents

 **31**  
are women

 **6**  
are men

 **Braeside Park**  
12 women, 2 men

**Currie Park**  
6 women, 2 men

**Rushall Park**  
13 women, 2 men

**AGED CARE**



Last year saw a range of new initiatives introduced at our aged care facility at Leith Park. These included the increasing involvement of Mother Baby Groups and school visits. These intergenerational relationships provide the children, mothers and our older residents with the valuable opportunity to experience and discuss things they may not have the chance to discuss in their day to day life at the village. Another initiative was to engage a regular physiotherapist who has focused on restorative care where possible.

The new arts therapy program, run by a volunteer therapist is proving a boon especially for our residents with dementia. Running alongside our other programs, such as massage, music and touch therapy, we have been able to maintain our priority of keeping our more vulnerable residents active and healthy.

A key focus of our staff throughout the year has been encouraging residents to have respite in our aged care facility to help them get back on their feet after an illness, or low mood period, and providing them with information to make informed decisions in their next level of care.

**AGED CARE**

 **80**  
residents

 **62**  
are women

 **18**  
are men

 **Leith Park**  
62 women, 18 men

## COMMUNITY SPIRIT THRIVING AT BRAESIDE PARK

Pat Thomas reckons she has more than any millionaire could ever afford. Confined to a wheelchair after a long illness, Pat is living a full and independent life in one of Braeside Park's serviced apartments.

"Honestly, if I won Tattsлото tomorrow, I wouldn't leave here. I couldn't, I just love it. The ladies who work here make it a wonderful place to live, they really do," Pat said.

Pat moved into Braeside Park three years ago after having spent years living in a unit in Narre Warren. The five steps to the footpath became increasingly difficult to manage as her mobility deteriorated. She felt like a prisoner in her own home and knew she had to find somewhere else to live.

"My niece's friend told me about the village and so we came here for a visit and I thought what a lovely place and I felt straight away that I could be at home here," Pat said. "I was right, it has been just wonderful and I love it."

The illness that she has lived with for almost a decade led to surgery three years ago and after that she could no longer walk and was confined to a wheelchair.

"When I was in hospital I was worrying about where I could live because I knew I couldn't go back to the unit with the steps. At the same time the letter arrived from the Old Colonists telling me I could move in. It's like it was meant to be," Pat said.

She left hospital and moved almost immediately into her serviced apartment. With its large bathroom, wide walkways and spacious rooms, it was designed to accommodate a wheelchair easily.

Residents in the serviced apartments are served breakfast and lunch in the dining room and can select a small meal to take back to their apartment for their evening meal. Pat's morning routine takes a lot of time so staff bring her breakfast to the apartment.

Pat is able to live independently because of the services provided, including a weekly clean of the apartment and all meals from the communal dining room. As well, the local council provides some home help for Pat to assist her to shower. An ulcer on her foot also required regular treatment visits from the district nurse.

"This unit was made specifically for someone with a disability so it makes it easy for me to maneuver around the space," Pat said.

Pat's reliance on her wheelchair has certainly not left her isolated. She has an electric scooter at her front door and uses it to go to the local Berwick shopping centre.

Within the village she enjoys going to Bingo and loves her weekly craft sessions with five other friends. "I laugh from the time I arrive till the time I get home. It is a great part of my week and we have so much fun, though I'm not much good at any of it."

Pat, a policewoman in her early working life and then a security officer at Myer, has two sons and seven grandchildren, two living locally. She loves the chance to look after her granddaughters, aged six and eight, whenever she is needed.

“

When I came for a visit, I thought what a lovely place and I felt straight away that I could be at home here. I was right. It has been wonderful and I love it.

”

- Pat Thomas









## OUR RESEARCH

As part of its commitment to become a leader in the aged care and retirement village sector, OCAV has over the past year played a pivotal role in research into the link between dairy intake and the health of older people. More recently, it has joined Monash University researchers to monitor the wellbeing of residents with a non-intrusive monitoring system.

### DRINKING MILK TO BUILD BONES

Falls and fractures are higher in the elderly living in low-level aged care, than in nursing homes or in the community. On average, one in 10 aged care residents experiences a fall and fracture. Low protein and calcium intakes increase falls and fracture risks because muscles weaken, balance worsens and bone breaks down more quickly, making elderly people more susceptible to fractures.

Liscombe House, OCAV's residential aged care facility at St Helena, is taking part in a research project which is investigating whether increased dairy consumption in the elderly will reduce fractures and preserve bone strength.

As part of the two year study by Austin Health and the University of Melbourne, Liscombe House residents have increased their intake of dairy in a bid to find out whether two additional serves of dairy food per day will correct these deficiencies and reduce the rate of falls and fractures by maintaining muscle mass and function and slowing bone loss.

As part of the research, the nutritional team visits Liscombe House fortnightly and supports the chef and kitchen staff. New recipes have been introduced and have been received favourably by the residents who love the extra flavour from added cheeses, yogurt and cream.

The cost benefit to the aged care facility and to the health system from reduced falls and fractures will also be analysed as part of the study.

---

Dairy foods are a good source of protein and can be easily consumed by the elderly, even for those on texture-modified foods.

---

Dairy can also be easily incorporated into a menu, by being added to meals, drinks or snacks.

---

Dairy is not expensive and is a cost effective way of ensuring that residents are getting the nutrition that they need.

---

*Australian Ageing Agenda.*





### MONITORING MOVEMENT TO ENSURE WELLBEING

OCAV has joined forces with Monash University to take part in the trialling of a non-intrusive monitoring and wellbeing system that ultimately will assist our residents, particularly those with dementia, to remain independent and continue to live in their village.

The monitoring devices are housed in boxes the shape of a small book and plugged into power points in commonly used areas of the house. The sensors in the device detect motion, vibration, light and temperature, amongst other things.

The device collects data about the normal patterns of behaviour of a person over time. After the resident's usual behaviour pattern is known, it is able to send alerts to the nursing and care support staff when a resident has been inactive for abnormally long periods of time.

The value of the sensors is that the movements can be detected without affecting a patient's privacy, allowing staff to monitor movement and potentially dangerous situations.

The system has been designed with privacy and ease-of-use in mind, as it doesn't require cameras to be installed, or the user to wear a device, in keeping with concerns raised in early surveys with seniors.

The research will begin in OCAV villages in late 2016.

“

The value of the sensors is that the movements can be detected without affecting a patient's privacy, allowing staff to monitor movement and potentially dangerous situations.

”

- Phillip Wohlers, CEO



Our donors are pivotal to our work. We value our donors because without them, our mission would not be realised. In 2015/16, we received over \$463,000 from corporate and individual donors, philanthropic trusts and bequests. We also thank our volunteers for their infectious energy, enthusiasm and expertise.

#### **PHILANTHROPY**

Anonymous  
Arthur Lyndhurst Blannin Estate  
Ephraim YOFFA Equity Trust  
Equity Trustees - Francis Thomas & Jeannette Warren Trust  
Equity Trustees - Henty Louisa Estate  
Equity Trustees - J. Kronheimer  
Equity Trustees - Walter Leitch Estate  
Equity Trustees - William Hall Russell Trust  
Estate of Graham Bowers  
Estate of Lois Katrine Pitman  
Jacka M Robert Trust  
John T Reid Charitable Foundation

#### **COMMUNITY**

Greensborough National Seniors  
Yarra Interfaith Network  
The Clifton Hill Lodge Social Club - Mrs Kay Beveridge - Activities Comm

#### **GROUPS/ FUNDRAISING COMMITTEES**

Braeside Park Activities Committee  
Craft Group to Gardeners  
Leith Park Activities Committee  
Rushall Park Activities Committee  
Rushall Park Kiosk Group

#### **DONATIONS - GENERAL**

Alois & Teresa Sorger  
Anonymous - various  
Barbara Moran  
Bethia Stevenson  
Caroline Storm  
Claire Wynn  
Cleo MacMillan  
Colin Thomson  
Colleen Stewart  
Corina Montalvan  
David & Roberta Littlewood  
DC & RD Littlewood  
Erika Mohoric  
Florence Tattersalls  
Giovanna Dorset  
Ian Touzeau & Dorothy Pound  
Jan & Dennis Wright  
Jennifer Smith  
Judy Weatherhead  
Marie Joy Learmonth  
Michael Carter  
Michaela McCarthy  
Norma Keats  
P & M Huggett  
P & S Kronberger  
Patricia Coue  
Patricia Taylor  
PB & AM Nugent  
R Hedger  
Thomas Pratt  
Valerie Reilly  
Y. Sudborough

# STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2016

15

|   | 2016            | 2015           |
|---|-----------------|----------------|
|   | \$000           | \$000          |
| <b>Income</b>   |                 |                |
| Government Subsidies  | 3,476           | 3,280          |
| Independent Living Fees & Charges   | 1,916           | 1,877          |
| Residential Care Fees & Charges   | 1,809           | 1,549          |
| Ingoing Donations   | 1,371           | 600            |
| Interest & Investment Income  | 842             | 746            |
| Assisted Living Fees & Charges  | 559             | 541            |
| Donations & Bequests  | 463             | 364            |
| Accommodation Bond Retention  | 26              | 33             |
| Profit from Sale/Disposal of Property, Plant & Equipment                  | 14              | 1              |
| Miscellaneous Income  | 80              | 136            |
| <b>Total Income</b>   | <b>10,556</b>   | <b>9,128</b>   |
| <b>Expenses</b>   |                 |                |
| Employee Expenses   | (6,710)         | (6,289)        |
| Depreciation & Impairment Losses  | (1,412)         | (1,376)        |
| Food Expenses   | (334)           | (339)          |
| Rates & Services  | (280)           | (245)          |
| Repairs & Maintenance   | (254)           | (289)          |
| Utilities   | (195)           | (199)          |
| Professional Services   | (181)           | (84)           |
| Services & Contracts  | (157)           | (228)          |
| Medical Expenses  | (85)            | (42)           |
| Insurance   | (75)            | (78)           |
| Cleaning & Laundry  | (61)            | (56)           |
| Printing, Stationery & Postage  | (61)            | (50)           |
| Audit & Other Services  | (49)            | (48)           |
| Finance Expenses  | (12)            | (8)            |
| Other Expenses  | (361)           | (272)          |
| <b>Total Expenses</b>   | <b>(10,227)</b> | <b>(9,603)</b> |
| <b>Surplus/(Deficit) before Tax</b>                                       | <b>329</b>      | <b>(475)</b>   |
| Income Tax Expense  | -               | -              |
| <b>Surplus/(Deficit) for the year</b>                                     | <b>329</b>      | <b>(475)</b>   |
| <b>Other Comprehensive Income</b>   |                 |                |
| <i>Items that may not subsequently be reclassified to profit or loss:</i> |                 |                |
| Changes to fair value of financial assets                                 | (264)           | 162            |
| Realised gains/(loss) from disposal of financial assets                   | (112)           | 39             |
| <b>Total other comprehensive income/(loss)</b>                            | <b>(376)</b>    | <b>201</b>     |
| <b>Total comprehensive income/(loss)</b>                                  | <b>(47)</b>     | <b>(274)</b>   |

# STATEMENT OF FINANCIAL POSITION

## AS AT 30 JUNE 2016

|                                      | 2016          | 2015          |
|--------------------------------------|---------------|---------------|
|                                      | \$000         | \$000         |
| <b>Assets</b>                        |               |               |
| <b>Current</b>                       |               |               |
| Cash & Cash Equivalents              | 1,877         | 2,662         |
| Trade & Other Receivables            | 319           | 265           |
| Inventories                          | 21            | 22            |
| Financial Assets                     | 8,760         | 7,527         |
| Other Current Assets                 | 65            | 63            |
| <b>Total Current Assets</b>          | <b>11,042</b> | <b>10,539</b> |
| <b>Non-Current</b>                   |               |               |
| Financial Assets                     | 10,532        | 10,556        |
| Property, Plant & Equipment          | 30,476        | 31,146        |
| <b>Total Non-Current Assets</b>      | <b>41,008</b> | <b>41,702</b> |
| <b>Total Assets</b>                  | <b>52,050</b> | <b>52,241</b> |
| <b>Liabilities</b>                   |               |               |
| <b>Current</b>                       |               |               |
| Trade & Other Payables               | 3,931         | 4,303         |
| Employee Provisions                  | 1,567         | 1,360         |
| <b>Total Current Liabilities</b>     | <b>5,498</b>  | <b>5,663</b>  |
| <b>Non-Current</b>                   |               |               |
| Employee Provisions                  | 185           | 164           |
| <b>Total Non-Current Liabilities</b> | <b>185</b>    | <b>164</b>    |
| <b>Total Liabilities</b>             | <b>5,683</b>  | <b>5,827</b>  |
| <b>Net Assets</b>                    | <b>46,367</b> | <b>46,414</b> |
| <b>Equity</b>                        |               |               |
| Accumulation Account                 | 46,219        | 46,002        |
| Fair Value Reserve                   | 2             | 266           |
| Permanent Fund                       | 146           | 146           |
| <b>Total Equity</b>                  | <b>46,367</b> | <b>46,414</b> |

# STATEMENT OF CASH FLOWS

## FOR THE YEAR ENDED 30 JUNE 2016

17

|   | 2016           | 2015           |
|---|----------------|----------------|
|   | \$000          | \$000          |
| <b>Cash Flows from Operating Activities</b>                                   |                |                |
| Receipts from Residential Care, Assisted Living & Independent Living services | 4,310          | 4,169          |
| Receipts from Government Subsidies  | 3,476          | 3,280          |
| Receipts from Donations & Bequests  | 463            | 364            |
| Payments to Suppliers & Employees   | (8,838)        | (8,059)        |
| Receipts from Interest & Investment Income                                    | 842            | 747            |
| Interest Paid   | (12)           | (8)            |
| <b>Net Cash Generated by Operating Activities</b>                             | <b>493</b>     | <b>493</b>     |
| <b>Cash Flows from Investing Activities</b>                                   |                |                |
| Proceeds from Sale of Plant & Equipment                                       | 50             | 43             |
| Payments for Property, Plant & Equipment                                      | (778)          | (1,424)        |
| Payment for Investments   | (1,584)        | (2,456)        |
| <b>Net Cash Used in Investing Activities</b>                                  | <b>(2,312)</b> | <b>(3,837)</b> |
| <b>Cash Flows from Financing Activities</b>                                   |                |                |
| Receipts from Ingoing Donations   | 1,371          | 600            |
| Receipts from Accommodation Bonds & Refundable Accommodation Deposits         | 653            | 2,664          |
| Payments of Accommodation Bonds & Refundable Accommodation Deposits           | (738)          | (661)          |
| <b>Net Cash Provided by Financing Activities</b>                              | <b>1,286</b>   | <b>2,603</b>   |
| Net Decrease in Cash Held   | (785)          | (741)          |
| Cash and Cash Equivalents at Beginning of Year                                | 2,662          | 3,403          |
| <b>Cash and Cash Equivalents at End of Year</b>                               | <b>1,877</b>   | <b>2,662</b>   |

### NOTES TO THE FINANCIAL STATEMENTS

For the year ended 30 June 2016

#### Note 1 Basis of Preparation

The concise financial statements, including the financial statements and specific disclosures included in the concise financial report, have been derived from the full financial report of the Old Colonists' Association of Victoria.

All amounts are presented in Australian dollars and all values are rounded to the nearest thousand dollars (\$000) unless otherwise stated.

The full financial statements have been prepared in accordance with the Old Colonists' Association Act 1955 (as amended), Australian Accounting Standards- Reduced Disclosure Requirements (including Australian Accounting Interpretations) and the Australian Charities and Not-for-Profits Commissions Act 2012 in order to satisfy the entity's financial preparation requirements.

A full description of the accounting policies adopted by the Association is provided in the 2016 financial statements. Notes to the accounts are available on the website. ([www.ocav.com.au](http://www.ocav.com.au))







As part of our commitment to providing the best care and support to our residents, OCAV has spent the past year building its volunteer program. Currently we have 164 volunteers working across its four villages, most at Leith Park. Our intention is to build volunteer numbers to 200.

Each volunteer carries out a range of roles to benefit our residents, bringing companionship and laughter, providing social support, organising and running social activities. Our volunteer coordinator supports each volunteer with organisational help and leadership.

Kim D'Angelis, OCAV's Volunteer Coordinator is under no illusion: volunteers are an invaluable resource, helping to take residents shopping or to appointments, or run recreational activities. She takes time to match volunteers with their interests, and to provide meaningful roles that are well explained and thought out.

**PETER LEE**

Peter Lee's sense of 'work' satisfaction has changed dramatically in the past year. As a Tattersall's executive for many years Peter had goals to meet and a \$40 million budget and 200 staff to manage. These days he is focussed on a smaller group of people and ensuring they have a good time at their fortnightly men's group.

Peter began volunteering at Leith Park's aged care facility this year and each fortnight he helps Lifestyle Assistant Adrian Onofrio to run the men's group. They encourage men from Liscombe House's high and low care and dementia units to join the group - and many do. Activities are designed to engage the men, regardless of their state of health and agility. The current project is the setting up of an extensive model train kit that has been donated by the family of a resident. Recently, Peter bought in racing pigeons to show the men, which created a lot of interest and conversations.

There are 80 residents at Leith Park's aged care facility and only 16 are men. About 12 of these men come to the men's group but numbers ebb and flow depending on health issues or other commitments. The men's group provides an important service for men to discuss things they may not want to discuss in the various recreation spaces shared with women.

Spending time with older people in various stages of agility and health is nothing new to Peter. His own parents are elderly and his father lives with dementia.

His professional life is a far cry from his volunteering at Leith Park, close to where he lives in Wattle Glen. While he has had no personal connection to Leith Park, he was drawn to the organisation this year as he looked around for a volunteering opportunity.

"I felt the need to get involved in the local community in a voluntary capacity so that I could contribute something, give something back," Peter said.

"I just make it a bit easier for some of the fellas to get to the men's group and to participate in the activities. Then I help them to get to happy hour and join the ladies who come. It's great that these people are still able to participate in activities that they enjoyed when they were younger and perhaps more able bodied."

Peter agrees that volunteering at an aged care facility was a 'leap in the dark' but it has paid off for all concerned. "I have to say that I get a bit of a kick out of it."



The men's group provides an important service for men to discuss things they may not want to discuss in the various recreation spaces shared with women.



## HOW YOU CAN HELP

The Old Colonists' Association of Victoria is a not-for-profit organisation providing village-style accommodation and support services for older Victorians. OCAV works to ensure its residents enjoy a positive experience of ageing, from independent living through to high-level care.

Donations, gifts and bequests are all valuable sources of income that allow us to provide added services and amenities to enhance the quality of life for our residents.

We receive no government assistance for the construction, maintenance or upgrade of our independent and supported living homes, or to provide support to those living in our accommodation.

All donations over \$2 are tax deductible and all bequests are exempt from State and Commonwealth duties.



### MAKE A DONATION

Your donation, no matter how large or small, will help us fund new programs and buildings, or upgrade our independent and assisted living homes. Donations may be made online at:

[www.ocav.com.au](http://www.ocav.com.au)



### VOLUNTEER

Gain new skills and experience while giving back to the community. Meet new people and discover a new passion. The benefits of volunteering are endless!



### LEAVE A BEQUEST

Leaving a bequest to the Old Colonists' Association of Victoria is a special way of leaving a gift for generations to come. It also allows us to plan for the long-term future with a greater degree of certainty.



### IN MEMORIAM GIFTS

An In Memoriam Gift to the Old Colonists' Association of Victoria is a thoughtful and practical way to remember a relative or friend. These gifts will help ensure that we are able to continue to provide support and accommodation for future older Victorians.



### PARTNER WITH US

With villages, residents and staff in regional Victoria and metropolitan Melbourne, we can offer a diverse range of activities for business to engage with our work. This includes enhancing your profile by aligning with our brand, pro-bono work, helping to build staff motivation through volunteering and fundraising work, workplace giving and more.



### MORE INFORMATION

For further information, please contact Old Colonists' Association of Victoria:

T: 03 9481 9300  
E: [admin@ocav.com.au](mailto:admin@ocav.com.au)  
[www.ocav.com.au](http://www.ocav.com.au)





---

**Old Colonists' Association of Victoria**

T: 03 9481 9300

F: 03 9482 4215

E: [admin@ocav.com.au](mailto:admin@ocav.com.au)



[twitter.com/ocav5](https://twitter.com/ocav5)



[facebook.com/Old-Colonists-  
Association-of-Victoria](https://facebook.com/Old-Colonists-Association-of-Victoria)

[www.ocav.com.au](http://www.ocav.com.au)

**Rushall Park**

20 Rushall Crescent  
Fitzroy North VIC 3068  
T: 03 9481 9300

**Braeside Park**

19 Clyde Road  
Berwick VIC 3806  
T: 03 9707 3700

**Leith Park**

339 St Helena Road  
St Helena VIC 3088  
T: 03 9433 1100

**Currie Park**

58 Weir Street  
Euroa VIC 3666  
T: 03 5795 1822